

# Together We Thrive

Fostering Belonging in  
Afterschool & Summer



**OregonASK Fall Conference • Saturday, Nov 4, 2023**  
**Clackamas Community College, Oregon City, OR**

**OregonASK**  
Afterschool & Summer for Kids Network

# Conference Overview

Join us for an extraordinary event at Clackamas Community College that celebrates the heart and soul of afterschool education — connection. Get ready for a transformative experience designed for afterschool, enrichment and summer program leaders, direct service staff, and all those passionate about shaping the future of our youth.

All workshops include Oregon Registry Credit.

## Schedule of Activities

- **8-9am:** Check-in and complimentary breakfast served by Lupitas Mexican Food Truck and coffee & tea served all day
- **9-10:15am:** Welcome & Keynote from Jillene Joseph, Executive Director of the Native Wellness Institute
- **10:30am-12pm:** Workshops
- **12-1pm:** Lunch, with a baked potato bar and opportunities to connect with peers
- **1-2:30pm:** Workshops
- **2:45-3:45 pm:** Workshops
- **4-5pm:** Closing Plenary

Claddagh Coffee Company will be in attendance all day with their mobile beverage bar offering specialty drinks for purchase.

Join us this fall as we come together to be inspired by visionary leaders and partners who are actively working to revolutionize the afterschool landscape. Engage in thought-provoking conversations, share best practices, and create bonds that will elevate your work to new heights. Whether you consider yourself a trailblazer, advocate, champion, or encourager for children's futures, together we are going to be part of the afterschool movement that's shaping a brighter tomorrow!



# Workshop 1

## 10:30am-12:00pm

### **Afterschool and Summer Programs Build Active Healthy Youth**

*Suzanne Hidde from ODE (HSN, Set 2)*

Using a Whole Child framework, participants will explore comprehensive physical activity models that can be used to connect physical literacy between the school day and after school. Participants will compare their own efforts in alignment with state and national standards, and demonstrate how expanded learning programs support equitable health practices for communities and youth most impacted by lack of access to resources.

### **Building a Trauma Informed Environment in School Age Programs**

*Rachel Schutz (HSN, Set 2)*

Using a trauma-informed framework, participants will explore action steps that help create a healing environment. Participants will reflect on their program to identify strengths and opportunities for growth. Example strategies will focus on elevating coordinated support with local or regional systems that could be incorporated in program structure. Participants will build strategies that support integrated trauma-informed policies in their program.

### **Career Connected Learning Using Guest Speakers and Mentors**

*Penny Jarhaus (LEC, Set 2)*

Participants will explore resources to connect with in-person or online guest speakers and mentors who can help students discover careers related to their interests or what they are learning. Educators will develop their own list of contacts & resources to fit their program and design a plan to use those connections to reinforce learning and career-path awareness for their youth.



# Workshop 1

## 10:30am-12:00pm

### **Community Engaged Programming Spotlight with Day One Tech PDX, Todos Juntos, Farmworkers Housing Development Corporation, and SUN**

*Facilitated by Rachel Kessler from OregonASK, (FCS, Set 1)*

This panel style discussion will provide great examples of a variety of community engaged programs in Oregon. Presenters will include Ben Lostheart Founder and Executive Director of Day One PDX, Jorge Alvarada Program and Leadership Director of Farmworkers Housing Development Coalition, Kia Hernandez-Richards, Program Specialist who oversees Multnomah County SUN Youth Advocacy, and Michelle Emery Youth Program Director of Todos Juntos. There will be time for question and answer from participants in order to share practical models for community engagement!

### **Data: Why We Need to Collect It?**

*Katie Lakey from OregonASK (OA, Set 2)*

Join us for a discussion on the strengths and pitfalls of organizing and using data in your programs. We'll explore resources that support thoughtful data collection, discuss methods and considerations for equitable, meaningful data use, and explore easy steps to incorporate data collection into your programs.

### **Native Youth and Healthy Relationships**

*Jillene Joseph from Native Wellness Institute (UGB, Set 1)*

In this interactive workshop, participants will participate in games that the Native Wellness Institute (NWI) uses to break the ice and discover trust and connection when working with Native youth. These games are essential to any effort to discuss healthy relationships and other topics with young people. NWI's work around healthy relationships will be shared as well as strategies to teach about this important topic.

### **Neurodiversity in the Classroom**

*Nick Condon, Karly Crooks from Oregon Children's Theater (UGB, Set 2)*

In this workshop participants will explore the importance of neurodiversity inclusion and will examine informed teaching practices to build tools to provide a safer and more inclusive environment for all students including those on the autism spectrum.



## Workshop 2

1:00–2:30pm

### **Entrepreneurial Skills and Mindsets for Kidpreneurs**

*Monica McQueen and WagilLabs Founder Chic Thompson (LEC, Set 2)*

Build youth engagement by using entrepreneurial skills and mindsets with your elementary-age Kidpreneurs! Explore curricula and resources that make it easy to teach youth essential skills like collaboration, idea generation, problem-solving, public speaking, design thinking, and a growth mindset. Practice using activities that integrate entrepreneurial mindsets into existing STEAM and Arts programs.

### **Family Engagement: The Secret Sauce to Removing Barriers in STEM**

*Bunmi Esho from STEM Next (DIV, Set 2)*

Explore strategies and examine examples of best practices in impactful family engagement from program providers across the country. Participants will identify the next steps and develop a work plan for ongoing family engagement using the STEM Family Engagement Planning Tool and other resources to help build upon promising practices and translate a vision for family engagement into their own roadmap.

### **How to Make Your Emergency Plan Relevant**

*Eric Cardella and program representatives from OSU (Set 1)*

Discover the importance of emergency planning for the safety of youth in your program. Identify your own action steps to advance your organization's planning process and start, complete, or specialize your emergency plan for your program's needs.

### **Possible Futures STEM and Careers**

*Rachel Kessler from OregonASK (LEC, Set 2)*

Possible Futures customizable career exploration curriculum for youth in grades 6 through 10, to help prepare them to make meaningful decisions about their future and develop skills to help them achieve their goals. This session explores STEM, the 21st Century, and Workforce Skills for youth with hands-on activity exploration and Possible Futures curriculum!



## **Workshop 2**

**1:00–2:30pm**

### **Power of Play & Group Management**

*Sam Sorscher from Playworks (HSN, Set 1)*

Power of Play: experience the power of play while learning to use games to support physical, social, and emotional development. Group Management 1: focuses on attention-getters & signals, transitions, openings & closings, rules & consequences.

### **Supporting Staff Well Being programs spotlight with KidSpirit from OSU, Bend Parks and Recreation, and Eugene Family YMCA**

*Facilitated by Bethany Thrumer (PM, Set 1)*

A panel of coordinators of several different afterschool & summer programs will discuss how they use youth as helpers & staff. Panelists will identify some of the challenges & benefits of engaging and employing youth to help in programs, for both the programs and for the youth themselves. Participants will be able to compare different models and identify some ways that they might choose to use youth as helpers in their own programs.

### **Trauma-Informed Healing: Building Adult Competency to Use to Help Adolescents**

*Luci LaDue from Native American Rehabilitation Association of the Northwest (UGB, Set 2)*

Culturally sensitive trauma-informed care practices will provide guidance utilizing cultural beliefs and practices.



## Workshop 3

2:45–3:45 pm

### **BePA 2.0: Be Physically Active 2day Toolkit Training**

*Kathy Gunther and Thomas Packerbush from OSU (HSN, Set 2)*

BEPA 2.0 is a school-based physical activity “brain boost” program aligned to state physical education (PE) and health education standards. This session will let participants practice strategies from BEPA 2.0 that can be used by afterschool and summer programs. Attendees will receive their own BEPA kit!

### **Creating a STEAM Environment with Interactive STEM Activities**

*Kelsie Szeszulski Mid Valley STEM and CTE Hub (LEC, Set 2)*

In this session, participants will explore STEAM challenges and activities that set the stage for creating a welcoming STEAM atmosphere. We will do hands-on STEAM activities that emphasize that every person thinks differently and that learning and play are both included in a great STEAM environment!

### **Creating Culturally Dynamic Programs**

*Andrew Haley (DIV, Set 1)*

This session will demonstrate the difference between culturally responsive, culturally-specific, and culturally dynamic programs. Participants will discuss 'strategies' for building spaces that are more culturally dynamic to help authentically engage and connect with all youth and families.

### **Engaging and Employing Youth to Support Programs – Program Spotlight with Umatilla STEAM Academy, Trackers Earth, and Champions**

*Facilitated by Monica McQueen, PM Set 1*

A panel of coordinators of several different afterschool & summer programs will discuss how they use youth as helpers & staff. Panelists will identify some of the challenges & benefits of engaging and employing youth to help in programs, for both the programs and for the youth themselves. Participants will be able to compare different models and identify some ways that they might choose to use youth as helpers in their own programs.



## Workshop 3

2:45–3:45 pm

### **Increasing Program Accessibility and Inclusive Accommodations**

*Natalie Whisler (SN, Pending Set 2)*

Participants will apply knowledge of ADA requirements for providing reasonable accommodations to plan for increasing program accessibility. Participants will compare accessible and inclusive strategies for most common chronic conditions, including asthma, diabetes, and allergic reactions. Participants will explore strategies, resources, and policies that support staff for implementing inclusive expanded learning programs.

### **Building Food Security in Out-of-School-Time Programs**

*Annie Kirschner (HSN, Set 2)*

Join for an overview of how meals, food pantries and other strategies can be woven into out-of-school-time programs. Learn from 3 SUN Community Schools in Multnomah County that are building access to nourishing, culturally appropriate food in a welcoming environment. Together, you'll strategize the practices, partnerships and policies that can equitably affect food security of youth in your community.





# Closing Plenary

4:00–5:00pm

## **Building Belonging with Expanded Learning Programs** (HGD, Set 1)

This session will give participants an overview of how positive youth development can be integrated into implementation to increase youth engagement. Participants will practice fun activities that build connection and share ideas with one another about the experiences and challenges encountered.

