OREGON AFTERSCHOOL VIRTUAL CONFERENCE
SUPPORTING YOUTH MENTAL HEALTH WITH AMANDA MARTINEZ
With many factors impacting the status of mental health for many young people, it is more important than ever to know how to support our youth. In this session, Mental Health America of Hawai‘i will provide an overview of the national impact we have been seeing on youth’s mental health, the importance of listening and connecting with someone who may be struggling with their mental health, and identify various national resources.

THURSDAY 10/21/21 • 10:00AM TO 10:30AM
OPENING PLENARY WITH DR. TERRY PETERSON
Dr Peterson will share how years of research support current challenges, such as how well designed and delivered afterschool and summer opportunities make a positive difference for students and families significantly impacted by disruptions caused by Covid 19.

THURSDAY 10/21/21 • 10:45AM TO 11:45AM
SUPPORTING YOUTH MENTAL HEALTH WITH AMANDA MARTINEZ
With many factors impacting the status of mental health for many young people, it is more important than ever to know how to support our youth. In this session, Mental Health America of Hawai‘i will provide an overview of the national impact we have been seeing on youth’s mental health, the importance of listening and connecting with someone who may be struggling with their mental health, and identify various national resources.

INTEGRATING CAREER EXPLORATION AFTERSCHOOL WITH RACHEL KESSLER
This session will explore curriculum and strategies for integrating career exploration for school age youth afterschool!

EQUITY AND INCLUSION IN STEM: A FRAMEWORK FOR AFTERSCHOOL PROGRAMS WITH KAREN PETERSON AND BRENDA BRITSCH
This workshop will highlight the role afterschool programs play in providing access to high-quality STEM learning opportunities for all youth. Presenters will share a framework for guiding afterschool programs’ efforts to increase equity and inclusion in STEM and share examples of the Framework in action. Participants will work in small groups to identify strategies and tactics from the Framework that are relevant and doable for their programs and provide support to each other.

TELLING YOUR STORY: USING PROGRAM DATA TO STRENGTHEN THE CASE FOR AFTERSCHOOL AND SUMMER PROGRAMS WITH KEN ANTHONY
As practitioners, we often hear about research that demonstrates the impact afterschool and summer programs have on children and families. Being aware of data and impacts that your program is having is a crucial element to telling your program story. Legislators and funders want to know their investment is making a difference. In this session, participants will practice using data to tell their story through a simple three-step process.
This keynote will focus on how Education with Aloha (EA) accelerates learning through its successful formula Relations + Relevance + Responsibility = Rigor + Fun. This includes building caring and respectful relations and an atmosphere of Aloha among all involved in the learning process and assuring that the curriculum is relevant and makes sense. In addition learners have to be taught that they are not learning for learning sake, rather that they have a responsibility to implement what they have learned in the personal and professional lives. Combining relations, relevance and responsibility ensures that learning will be rigorous and if we do it right also lots of fun.
PEDAGOGY OF ALOHA – MAKING EDUCATION RELEVANT AND FUN WITH DR. KŪ KAHAKALAU
This workshop delves deeper into the tenets that define Pedagogy of Aloha, which can be summed up as Relations + Relevance + Responsibility = Rigor + Fun. Through examples gleaned from over 35 years of working with learners of all ages, backgrounds and ability levels, participants will be given tools to make education both relevant and fun.

FABULOUS FIDGETS & STELLAR SENSORY SUPPORTS SHOW AND TELL WITH KAT KING
Any youth can have a rough day in afterschool or other expanded learning program, and sometimes a simple support can be the difference between a challenging day and a successful reboot. Join Kat for an ultimate Show & Tell as she unpacks her treasure chest of impactful items you can easily implement in your program. We’ll explore where to get them, how to use them, and why they can be game changers. Each learner will receive a digital information sheet with pricing and links to dozens of the best resources on the market.

SCHOOL-DAY COLLABORATION FOR AFTERSCHOOL PROGRAMS WITH AIKO SATO
Partnerships are vitally important to a successful afterschool program. Participants will use the Beyond the Bell toolkit to explore The Five Principles of Successful School/Afterschool Partnerships, and the best practices for school-day alignment. Participants will develop and practice strategies for communicating with school day staff. This training is designed for management level staff.

ENGAGEMENT & INNOVATION WITH YOUTH ENTREPRENEURSHIP WITH SCOTT MANN
Youth Entrepreneurship is an engaging way to recruit and retain youth, provide critical career readiness and workforce skills, and offer opportunities to engage your community of families and partners. Learn about recent data and specific programming to implement youth entrepreneurship virtually or in person. Entrepreneurship is more than starting a business, it’s a way of thinking and doing that brings learning to life for all students, especially girls. Entrepreneurial mindsets and skills allow youth to grow into passionate innovators and courageous change-makers of their communities. By starting young and providing consistent quality learning experiences, youth will learn to identify authentic opportunities, create innovative solutions, take calculated risks, and redefine failure as a learning opportunity. We need the adults in their life equipped with the necessary knowledge and tools to help make this happen!
OREGON AFTERSCHOOL CONFERENCE
WORKSHOP SESSIONS

FRIDAY 10/22/21 • 10:00AM TO 10:30AM
OPENING PLENARY: YOUTH PANEL WITH MICHAEL FUNK

FRIDAY 10/22/21 • 10:45AM TO 11:45AM
CHANGE YOUR WORDS...CHANGE YOUR MIND: LESSONS IN FOSTERING GRIT THROUGH A GROWTH MINDSET WITH CHAZ POUNDER
According to emotional intelligence expert Travis Bradberry, “Humans are creatures of habit. If you quit when things get tough, it gets that much easier to quit the next time.” Having a growth mindset helps youth develop grit and overcome challenges. Learn how to foster this mindset in your work with youth by considering how your feedback can promote or detract from a growth mindset. We’ll use different resources and exercises to help you experience the ways in which different types of students need different forms of feedback. You will come away with strategies to build growth mindsets and grow grit in all of the youth you work with.

MOVING THE NEEDLE ON STEM FACILITATION WITH TRACY TRUZANSKY
What do you do to fully engage youth in a STEM experience? Do you rely on the “fun factor” or do you aspire to support youth in truly understanding science phenomena? Explore strategies for uncovering youths’ scientific ideas, guiding science process, and asking purposeful questions in STEM experiences.

FAMILY ENGAGEMENT AMID COVID-19 WITH AIKO SATO
The last 18 months of COVID have taught us plenty, especially when considering what we ‘know’ about family engagement. This session will include sharing from several types of partners about the collaboration, transparency, and authentic communication being used to build and strengthen trust with families during COVID. Panelists will share strategies and resources that have helped them find success throughout these chaotic and uncertain times. Participants will have time to discuss questions and strategies, especially around utilizing virtual spaces and coordinating across traditional roles.

USING THE MIZZEN BY MOTT APP TO SUPPORT YOUR AFTERSCHOOL PROGRAM
This session will explore Mizzen by Mott, a mobile app and platform made for afterschool. Join us for a fun SEL/art activity that inspires young people and staff. You will hear from Mizzen CEO Carlos Santini and afterschool practitioners on how to use the app’s engaging content for fall programming. Through support from the Mott Foundation, Mizzen is free to afterschool professionals who are empowering young people everywhere.
OREGON AFTERSCHOOL CONFERENCE
KEYNOTE

FRIDAY 10/22/21 • 12:00PM TO 12:45PM

CREATING SPACES OF BELONGING WITH DR. DAVID PARKER

David’s interactive and energizing keynote address engages participants in creating and sustaining an authentically-inclusive culture. “Authentic inclusion is where the richness of ideas, backgrounds, and perspectives are respected, and people are treated with an intentional sense of value. These actions put cultural competency into practice and policy.” David will invite your participants to focus on creating stronger relationships and creating a culture of belonging.
DEEP DIVE: CREATING SPACES OF BELONGING WITH DR. DAVID PARKER
This workshop is a follow-up to the keynote presentation and will focus on the expectations and responsibilities for the members of the Afterschool Network Family in creating and sustaining an intentional and authentically-inclusive culture. Obstacles to developing this culture will be explored. Action plans to overcome these obstacles will be created. Find out the part that you play in making sure that all students and staff feel welcomed, valued, and that they belong.

THE GREAT (DIGITAL) OUTDOORS: HOW COMMUNITY SCIENCE CAN ENGAGE YOUTH IN THE OUTDOORS WITH RACHAEL VAN SCHOIK AND OLIVIA VANDAMME
You don’t need to be an expert facilitator or trained naturalist to lead digital or in-person STEM that is authentic, meaningful, and fun. All you need is creativity, a willingness to learn alongside youth, and access to quality curriculum resources. Science Action Club (SAC) makes it easy and fun to bring the outdoors to middle school youth at home and in out-of-school time. SAC activities empower youth to connect with nature and contribute to global citizen science projects like iNaturalist. In this session, attendees will get practice with digital activities, learn tips and tricks for STEM facilitation with youth, and walk through real-life examples of success. Come learn about citizen science and how to use it to bridge the widening STEM gap.

FREE ACTIVITIES TO LEARN ABOUT COVID-19 WITH THOMAS AZZARELLA
COVID-19 has impacted students and families throughout the world and has significantly altered our education systems, including out-of-school time programs. The activities and resources in the Learning About COVID-19 Activity Guides were intentionally designed to support youth-serving programs in engaging students in learning about the science of COVID-19 and developing greater social awareness and empathy. In this training, we will discuss the Learning About COVID-19 Activity Guide, and give participants helpful tips for implementing the guide.

BEING INTENTIONAL ABOUT SOCIAL EMOTIONAL LEARNING IN AFTERSCHOOL WITH KAMALISHA GREEN
In this session we will explore in a very hands-on way how to be intentional about Social Emotional Learning. We will identify the core competencies and connect with simple strategies that will help students thrive. Come explore simple practices, create easy tools, share stories and have time for a social emotional check-in for yourself. From examining online fatigue/engagement to understanding the importance of acknowledging emotions and positive self-talk, let’s collaborate and be intentional about Social Emotional Learning Afterschool.
SEL INFUSED STEAM WITH KHADIJA BSHARA
Scientific discovery and innovation are fueled by curiosity, understanding, creativity, perseverance, and the willingness to take risks. These same skills must be cultivated and applied in daily life to support overall life-long success. In this workshop, we’ll explore parallels between STEAM and SEL, focusing on ways to intentionally highlight and develop SEL skills through STEAM lessons to build relevance, interest, and student connection.
LEC, Set 2

SATURDAY 10/23/21 • 9:00AM TO 10:45AM
OREGON AFTERSCHOOL CONFERENCE
WORKSHOP SESSIONS

SUPPORTING YOUTH THROUGH FAMILY AND MENTOR RELATIONSHIPS WITH AIKO SATO
In this session participants will examine their own programmatic systems that support staff in their daily interactions with program participants. Participants will explore strategies on how to include families in authentic ways in their programs as well as examine their current practices to understand how they can be more inclusive of the families they serve.
FCS, Set 2

TRAUMA INFORMED PRACTICES IN AFTERSCHOOL PROGRAMS WITH RACHEL SCHUTZ
In this session participants will explore the effects of Adverse Childhood Experiences (ACEs) on development and how those effects manifest in children’s behavior. The session will also explore strategies for limiting potential trauma triggers in programs and for self-regulation of emotions. This session will focus on program leader strategies and tactics that can apply to building trauma-informed program structure.
HSN, Set 2 (Pending)

TRANSITIONS AND TIME FILLERS WITH LEILANI LARSEN
Participants will explore and practice strategies to transition students between different activities, reduce or eliminate waiting time, and explore and practice activities that keep students busy and reduce behavior problems.
UGB, Set 2
EMPOWERING YOUTH VOICE & IDENTITY WITH LIZ THORNE
In this session participants will explore the importance of youth voice and identity and examine how individual and collective actions can positively impact the development of youth. Participants will also explore strategies for how to support and incorporate youth voice and identity in their program with the Sources of Strength Wheel.
HSN, Set 2

PRYSM ARTS: PROCESS–BASED ART FOR AFTERSCHOOL WITH RACHEL KESSLER
This comprehensive arts training will model process–based, fun, and engaging projects. The training will give you everything you need to explore 2D and 3D visual art as well as practicing authentic, culturally responsive, and youth–centered engagement strategies.
LEC, Set 2

STAFF SUPERVISION AND LEADERSHIP WITH KEN ANTHONY
Effective supervision of staff involves the ability to set clear expectations, monitor staff performance, and provide constructive feedback in order to help staff meet programmatic expectations, all of which are integral to maintaining the quality and effectiveness of programming for the children and families in your care. However, being the “supervisor” is not always comfortable for people, especially when it involves staff with whom you have become friends and/or staff who are not meeting expectations. This workshop will examine the challenges and the rewards of effectively supervising staff.
PPLD, Set 2

SUPPORTING YOUTH WITH TRAUMA-INFORMED APPROACHES, RACHEL SCHUTZ
In this session participants will explore brain development in relationship to toxic stress. We will explore brain development from the perspective of variables like trauma and social support. Participants will also review trauma informed care practices and consider possible applications.
HSN, Set 2 (Pending)
IMPLEMENTING THE “6 P’S” AND CULTURALLY RESPONSIVE TEACHING WITH JUSTINE FLYNN
Participants will examine their current culturally responsive teaching practices and explore ways in which they can implement the “6 P’s” into their after school curriculum to integrate a more indigenous framework for students. DIV, Set 2 (Pending)

ADDRESSING YOUTH EXPERIENCING CHRONIC CONDITIONS IN OUT-OF-SCHOOL TIME WITH AIKO SATO
In this training, participants will explore chronic conditions (such as asthma, diabetes, and allergic reactions) that youth experience and strategies on how to better support children in their program with chronic conditions. Participants will know where to look for resources and brainstorm system development ideas that fit with their program. HSN, Set 2

MOTIVATING YOUTH WITH RACHEL KESSLER
In this training, we will explore how to motivate youth in expanded learning programs through intrinsic and extrinsic motivation. We will also examine the Self-Determination Theory and how supporting youth’s fundamental psychological needs helps youth develop high-quality forms of motivation. HGD, Set 2