

## **Mental Health Cohort FAQ**

### **\*\*How do I sign up for the cohort?**

- First you will need to fill out a quick two-minute interest form for the cohort. Once that's done, you'll need to either A. apply for the Betty Grey Scholarship then register for the cohort or B. go straight to the OregonASK registration form for the cohort.

### **I'm a child care provider and interested in this cohort, will I be able to participate?**

- We are happy to have providers join in this cohort, however we do require them to be schoolage providers otherwise the content of the cohort will not be applicable to their work.

### **How much does the Betty Grey Scholarship cover?**

- The Betty Grey Scholarship will cover \$100 of the registration fee, participants who qualify for the scholarship will still need to pay the rest of the \$50 to participate in the cohort.

### **\*\*Do I have to pay \$150?**

- If you qualify for the Betty Grey Scholarship, you will only be required to pay \$50 for the 5-week cohort. However, if you don't qualify for the scholarship then you will need to pay the full price to participate in the cohort.

### **What if I don't qualify for the Betty Grey Scholarship?**

- Don't worry! If you don't qualify for the Betty Grey Scholarship, you can still register for the cohort but you will be responsible for the full cost of the training (\$150)

### **Will this cohort be offered in other languages?**

- Unfortunately at this time we don't offer the cohort in other languages.

### **Is there a sliding scale and/or other alternatives to paying for the cohort?**

- At this time the only financial assistance we are able to offer is the Betty Grey Scholarship.

**\*\*\*I've filled out the interest form, now what?**

- Fantastic! Next you'll need to find out if you are eligible for the Betty Grey Scholarship. If you are, you'll need to go to the Oregon Registry's website and apply through their portal. Once you've completed the scholarship application, the registry will process the application and send you an email on if you received scholarship funds or not. If you aren't eligible for the scholarship, you can still register for the cohort however you will be responsible for the full cost of the training (\$150).

**How will I access the training?**

- Once you have finished registering and received a confirmation email of payment, the trainer will reach out to cohort participants with information on what to expect over the next five weeks.

**\*\*Do I have to attend all five training sessions?**

- We highly recommend attending all five live training sessions so participants will get as much out of the cohort as possible. However, we understand that life happens and some situations can't always be avoided. Participants can miss one session of the cohort (however they will not receive any hours or credit for the session they missed) and will need to let the trainer know as soon as possible.

**Will I be able to watch a recording of the session and earn credit?**

- No, we are only able to give credit from the Oregon Registry through a live session. The only way a participant will earn credit is through actively participating in the live session.

**How will I receive training materials and information during the cohort?**

- The trainer of the cohort will send out weekly emails to all cohort participants about information needed for the training, changes, and updates.