Afterschool professionals have worked endlessly to support youth, families, and our communities. We pivoted in response to the crisis. Now we reimagine what afterschool can and should be in a time of unknowns. We are flexible, resilient, nimble, clever and powerful. Join us as we convene virtually to learn, collaborate and connect together.

This year's conference includes over 16 hours of virtual professional development workshops including social-emotional learning, behavior management & engagement strategies, equity, inclusive practices, STEM, and more.

Register ahead of time for all the sessions you want! Registration also includes a full pass to the multi state virtual event on October 16th...

Oregon Afterschool Conference 2020
Join us Online October 13th-22nd

Oregon Afterschool Conference 2020
Join us Online October 13th-22nd

This year's conference includes over 16 hours of virtual professional development workshops including social-emotional learning, behavior management & engagement strategies, equity, inclusive practices, STEM, and more.

Register ahead of time for all the sessions you want! Registration also includes a full pass to the multi state virtual event on October 16th...

Reimagine What’s Possible!

Afterschool professionals have worked endlessly to support youth, families, and our communities.

We pivoted in response to the crisis. Now we reimagine what afterschool can and should be in a time of unknowns. We are flexible, resilient, nimble, clever and powerful. Join us as we convene virtually to learn, collaborate and connect together.

Reimagine What’s Possible!

Afterschool professionals have worked endlessly to support youth, families, and our communities.

We pivoted in response to the crisis. Now we reimagine what afterschool can and should be in a time of unknowns. We are flexible, resilient, nimble, clever and powerful. Join us as we convene virtually to learn, collaborate and connect together.

Reimagine What’s Possible!

Afterschool professionals have worked endlessly to support youth, families, and our communities.

We pivoted in response to the crisis. Now we reimagine what afterschool can and should be in a time of unknowns. We are flexible, resilient, nimble, clever and powerful. Join us as we convene virtually to learn, collaborate and connect together.
<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Event</th>
<th>Credit Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>October 13th</td>
<td>10am-12pm</td>
<td>Mental Health 101</td>
<td>2 Hours of Set 1 HSN Credit</td>
</tr>
<tr>
<td></td>
<td>1-2pm</td>
<td>Implementing Programs Safely</td>
<td>1 Hour of Set 1 HSN Credit</td>
</tr>
<tr>
<td></td>
<td>6-8pm</td>
<td>Art to Promote Youth Voice</td>
<td>2 Hours of Set 2 LEC Credit</td>
</tr>
<tr>
<td>October 14th</td>
<td>10am-12pm</td>
<td>Helping Stressed Out Kids</td>
<td>2 Hours of Set 2 HSN Credit</td>
</tr>
<tr>
<td></td>
<td>1pm-3pm</td>
<td>Responding to Adi’s Act: Suicide Prevention, Intervention &amp; Postvention</td>
<td>2 Hours of Set 1 UGB Pending</td>
</tr>
<tr>
<td></td>
<td>6-8pm</td>
<td>Is Inclusion still a thing?</td>
<td>2 Hours of Set 1 SN Credit</td>
</tr>
<tr>
<td>October 20th</td>
<td>10am-12pm</td>
<td>Art to Promote Youth Voice</td>
<td>2 Hours of Set 2 LEC Credit</td>
</tr>
<tr>
<td></td>
<td>6-7pm</td>
<td>STEM Programming Tips &amp; Tricks</td>
<td>1 Hour of Set 1 LEC Credit</td>
</tr>
<tr>
<td>October 21st</td>
<td>10am-12pm</td>
<td>Adopting Resilient Strategies for Youth &amp; Adults</td>
<td>2 hours of Set 2, HSN Pending</td>
</tr>
<tr>
<td></td>
<td>1-3pm</td>
<td>YouthLine Youth Panel</td>
<td></td>
</tr>
<tr>
<td></td>
<td>3-4:30pm</td>
<td>Lights On Afterschool Town Hall</td>
<td></td>
</tr>
<tr>
<td></td>
<td>6-8pm</td>
<td>PBIS Basics for Afterschool Providers</td>
<td>2 Hours of Set 1 UGB Credit</td>
</tr>
<tr>
<td>October 22nd</td>
<td>10am-11am</td>
<td>Program Reflection Community Discussion</td>
<td>1 Hour of Set 1 PPLD Credit</td>
</tr>
<tr>
<td></td>
<td>1-2:30pm</td>
<td>Supporting Youth With Anti-Racist, Trauma Informed Approaches</td>
<td>1.5 Hours of Set 2 DEI Pending</td>
</tr>
<tr>
<td></td>
<td>6-7pm</td>
<td>Program Reflection Community Discussion</td>
<td>1 Hour of Set 1 PPLD Credit</td>
</tr>
</tbody>
</table>

Sessions available on first come, first serve basis. If sessions fill, alternative options might be scheduled. Please send inquiries to general@oregonask.org.

Register Now for only $99
OCTOBER 13th

10:00am - 12:00pm Mental Health 101, Parker Sczepanik
This workshop for educators, providers, parents, and community members covers data, facts and research around suicide that guides the work of talking about mental health and the importance of mental wellness. We define mental health terminology, raise awareness around suicide, discuss protective and risk factors, as well as identify YouthLine as a resource for the youth and young adults in your communities. Presented by Parker Sczepanik, Assistant Director of YouthLine Outreach and Education, Lines for Life. Set 1 Health Safety Nutrition

12:00pm - 1:00pm Implementing Programs Safely
Facilitated conversation to discuss and share best practices for implementing health & safety guidance in afterschool and out-of-school programs. Participants will identify individual challenges and opportunities for engaging youth in building healthy, safe routines into the program. Set 1 Health Safety Nutrition

6:00pm - 8:00pm Art to Promote Youth Voice, Rachel Kessler
This hands on training gives afterschool facilitators tools for sharing empowering art with school age youth. We will explore activities aligned with national art standards. We will find flexible ways to use a variety of materials, create an inclusive atmosphere for youth, explore youth voice, and offer youth skills for interacting positively in groups. Example curriculum will be provided. Set 2 Learning Environment Curriculum

OCTOBER 14th

10:00-12:00 Helping Stressed Out Kids, Kassy Rousselle
In this session participants will examine how stress affects adults and children on physiological level. Explore the signs and symptoms exhibited in children experiencing stress. We will discuss the different components of what makes stress positive vs. negative, the changes that happen on a chemical level, how to recognize signs of stress, and strategies to combat negative stress. Set 2 Health Safety Nutrition

1:00pm - 3:00pm Responding to Adi’s Act: Suicide Prevention, Intervention and Postvention Policy Step by Step, Kahae Rikeman
COVID-19 has changed the landscape for suicide prevention in Oregon. Additionally, Adi’s Act requires that schools in Oregon have a suicide prevention, intervention and postvention plan. This workshop will help participants prioritize suicide prevention planning through Lines for Life’s Suicide Prevention and Wellness Program, identify additional Oregon resources and better understand ways to connect with students and their families.

6:00pm - 8:00pm Is Inclusion still a thing? Melinda Benson
Today’s learning environment is challenging at best, how do we support all children in their growth and development? Let’s talk about what inclusion means, how important it is, especially now, and most importantly, how to individualize the supports that we provide for all children and their families. Come discuss your experiences, strengths and challenges so we can learn from each other. Set 1 Special Needs
OCTOBER 15th

10:00am - 12:00pm How Playful Adults Model Play for Children in Afterschool,  Kassy Rousselle
Having time to play as an adult has more benefits than most realize. Adults, especially in afterschool programs, are the role models for kids and communicate with them on a regular basis. Therefore it’s important to be able to understand their language - play! Participants will explore how kids learn critical lifelong skills through play and examine their own sense of play.
Set 2 Human Growth and Development

1:00pm - 2:30pm Supporting Equitable Practices,  Rachel Kessler
A diverse group of afterschool providers will share experiences and strategies for serving our most vulnerable communities in our quickly changing landscape.. Set 1 Diversity Equity Inclusion

6:00pm - 8:00pm Developing Your Own Purposeful Questions,  Leilani Larsen
In this session participants will explore and practice questioning strategies to increase and enhance learning in informal Science, Technology, Engineering, and Math (STEM) activities in afterschool programs. Set 2 Learning Environments Curriculum

OCTOBER 16th

10am - 5pm  Open Minds, Open Spaces: From Pivot to Reimagine Virtual Experience

OCTOBER 17th

10:00am - 12:00pm Is Inclusion still a thing?  Melinda Benson
Today’s learning environment is challenging at best, how do we support all children in their growth and development? Let’s talk about what inclusion means, how important it is, especially now, and most importantly, how to individualize the supports that we provide for all children and their families. Come discuss your experiences, strengths and challenges so we can learn from each other. Set 1 Special Needs

OCTOBER 20th

10:00am - 12:00pm  Art to Promote Youth Voice,  Rachel Kessler
This hands on training gives afterschool facilitators tools for sharing empowering art with school age youth. We will explore activities aligned with national art standards. We will find flexible ways to use a variety of materials, create an inclusive atmosphere for youth, explore youth voice, and offer youth skills for interacting positively in groups. Example curriculum will be provided. Set 2 Learning Environment Curriculum

6:00pm - 7:00pm STEM Programming Tips & Tricks,  Rachel Kessler
This workshop will support quality implementation planning for STEM content. Participants will examine simple methods for offering STEM curriculum in programs, including Engagement strategies, facilitation tips, and evaluation considerations that move afterschool STEM opportunities toward quality goals. Set 1 Learning Environment Curriculum
OCTOBER 21st

10:00am - 12:00pm Adopting Resilient Strategies for Youth and Adults, Rick Robinson PhD
Participants will examine the role stress plays in development and learning and key strategies to help the children they serve become tolerant, resilient and regulated when presented with challenges. Importantly, only a well-regulated adult can help a child regulate and during this session participants will develop concrete, specific, daily strategies that support adult regulation.
Well-regulated adults have the ability to be present with children and utilize a mindset and approaches to relationships that facilitate supportive, regulating connections with them. Strategies to prepare for interactions, making initial contacts and maintaining connections with children will be examined and implemented. Set 2 (Pending) Health Safety Nutrition

1-3pm YouthLine Youth Panel
Youth & volunteers from YouthLine will share about the experience of participating in this peer support system and answer questions about helping youth make the most of this resource. The session will aim to help de-stigmatize mental health challenges, increase awareness for youth resources, and encourage help-seeking behavior.

6:00-8:00 PBIS Basics for Afterschool Providers, Leilani Larsen
Positive Behavior Interventions and Support (PBIS) is a research-based framework that is most successful when applied across all contexts of a student’s school and afterschool experiences. In this session, participants will learn the basic components of a PBIS system and how afterschool staff can integrate PBIS strategies into their program. Set 1 Understanding & Guiding Behavior

OCTOBER 22nd

10:00 - 11:00am Fall Programming Reflection, Bethany Thramer
Participants will discuss best practices, strategies and questions with peers from around Oregon. This session will function as a Community Conversation for program sharing, breakout rooms for questions and time to apply ideas for future implementation. Set 1 PPLD

1pm - 2:30pm Supporting Youth With Anti-Racist, Trauma Informed Approaches, Mark Jackson
This training focuses on supporting youth with an Anti-Racist and Trauma Informed Care approaches that address structural and historic oppression and introduce the concept of how trauma affects people and their lives. This workshop outlines short-term and long-term effects of trauma, and other analyses of trauma and how it psychologically, socially and developmentally affects students. Set 2 Pending Diversity, Equity, Inclusion

6:00pm - 7:00pm Fall Programming Reflection, Bethany Thramer
Participants will discuss best practices, strategies and questions with peers from around Oregon. This session will function as a Community Conversation for program sharing, breakout rooms for questions and time to apply ideas for future implementation. Set 1 PPLD **This session will be a repeat of earlier session.
Thank you the CS Mott Foundation for supporting this Multi-State Conference Day

Open Minds, Open Spaces is a joint virtual conference by these networks in the 50 State Afterschool Network.

Register now according to your home state.

www.openmindsopenspaces.org